

## Y9 Knowledge organiser

9SM

Badminton:

### Hands

- Serves - low and short, high and deep (forehand and backhand)
- Overhead Clear shot – forehand and backhand; attacking and defending; overhead and underarm
- Drop shot
- Smash shot
- Lift

Some

- Net shot

### Head

- Appropriate choice of shot in relation to situation.
- Application of skills/techniques in tactics: movement pressure, deception, serving, attack/defensive formations in doubles
- Appropriate shot selection with length, height, speed and angle
- Considering a range of factors that impact on success such as strengths and weaknesses of opponent
- Adhering to rules, health and safety guidelines

### Heart

- Demonstrating communication and influence on team performance in doubles
- Officiating other games

Volleyball:

### Hands

- Key skills – dig, set, underarm serve, block
- Placement of shot – where to land on opponents' side of the court
- Start to pass ball around court (up to 3 touches)
- Starting to perform skills with consistency

### Head

- Appropriate skill selection with accuracy (decision making)
- Considering a range of factors that impact on success such as strengths and weaknesses of opponent



## Heart

- Demonstrate communication and influence on team performance
- Adhere to rules and health and safety guidelines (posts/nets)

9SB/9FJ

## Football:

### Hands:

- Passing – Short passes, instep
- Movement – on and off the ball, creating space
- Dribbling (running with the ball) – Feints, stepovers, close control, confidence in travelling
- Tackling - Block
- Turning with the ball – Cruyff, drag, outside foot
- Striking the ball – laces, placement

### Head:

- Ability to adapt to changes in a competitive situation to dominate opponents
- Tactical awareness

## Heart:

- Impact of communication during the game
- Ability to influence the performance and motivation of self and others

## Hockey:

### Hands

- Passing – push pass
- Receiving the ball (using flat side of stick, right side and reverse side)
- Running with the ball – dribbling, Indian dribble, close control, feints
- Tackling
- Holding the stick correctly (right hand at bottom loosely, left hand on top for control)

### Head

- Consistency of skills and techniques
- Ability to adapt to changes in competitive situations – to be able to apply skills to the situation
- Adhere to the rules of the game (side line self-pass)

## Heart

- Ability to influence the performance and motivation of self and others
- Impact of communication during the game

