7I Energy

1. Energy from Food	
Energy	Needed to live, helps us to grow and repair our bodies, move and keep warm. Food is a source of energy.
Joule	A unit for measuring energy.
Kilojoule	1000J = 1kJ
Diet	The food that a person eats.
Weight	The amount of force with which gravity pulls things- measured in Newtons (N).
Balanced Diet	Eating a variety of foods to provide all the things that the body needs.
Nutrients	Substances needed from food.

2. Energy Stores and Transfers	
Transferred	When energy is moved from one store into another.
Forces	A push, pull or twist and a type of energy transfer.
Electricity	A way of transferring energy through wires.
Stored	When energy is captured within an object and can be moved to another store by energy transfers.
Chemical Energy	Energy stored in chemicals (such as food, fuel and batteries).
Kinetic Energy	Energy stored in moving things.
Thermal Energy	Energy stored in hot objects.
Strain Energy	Energy stored in stretched or squashed objects. Also called elastic potential energy.
Gravitational Potential Energy	Energy stored in objects in high places that can fall down.
Nuclear Energy	Energy stored inside materials (also called atomic energy).
Law of Conservation of Energy	The idea that energy can never be created or destroyed, only transferred from one store to another.

3. Fuels	
Fuel	A substance that contains a store of chemical or nuclear energy that can easily be transferred.
Nuclear Fuels	Used in nuclear power stations to generate electricity.
Uranium	A radioactive metal that can be used as a nuclear fuel.
Generate	To produce electricity.
Fossil Fuels	A fuel formed from the dead remains of organisms over millions of years.
Coal	A fossil fuel made from the remains of plants.
Oil	A fossil fuel made from the remains of microscopic dead plants and animals that lived in the sea.
Natural Gas	A fossil fuel made from the remains of microscopic dead plants and animals that lived in the sea.
Non-Renewable	An energy resource that will run out because we cannot renew our supplies of it.
Renewable	An energy resource that will never run out (such as solar power)
Biofuels	A fuel made from plants or animal droppings.
Hydrogen	Can be used as a fuel by combining with oxygen from the air to produce electricity.

4. Other Energy Resources	
Solar Power	Generating electricity using energy from the Sun.
Solar Panel	Flat plats that use energy from the Sun to heat water.
Solar Cell	Flat panels that use energy transferred by light from the Sun to produce electricity.
Solar Power Station	A large power station using the Sun to heat water to make steam which then generates electricity.
Wind Turbine	Generates electricity using energy transferred from the wind.
Hydroelectric Power	Electricity generated by moving water turning turbines and generators.
Geothermal Power	Electricity generated using heat from rocks underground.
Photosynthesis	Carbon dioxide + water → glucose + oxygen

5. Using Resources	
Fossil Fuel Advantages	Cheap compared to the others and convenient to use in cars/vehicles.
Fossil Fuel Disadvantages	Non-renewable Releases polluting gases when burnt.
Nuclear Advantages	No polluting gases generated.
Nuclear Disadvantages	Non-renewable Very expensive Dangerous waste materials
Renewable Advantages	No polluting gases Renewable
Renewable Disadvantages	Most not available all the time and only available in specific locations.
Climate Change	Fossil fuels are making the earth warmer due to the carbon dioxide given off when they are burnt.
Efficiency	How much of the energy transferred by a machine is useful.
Using Less Fossil Fuels	Using efficient appliances, insulating homes, public transport/walking/cycling

Lesson	Memorised?
1. Energy from Food	
2. Energy Stores and Transfers	
3. Fuels	
4. Other Energy Resources	
5. Using Resources	