

## Y8 Knowledge organiser

### 8DM & 8AS

#### Badminton

##### Hands

- Serves - low and short, high and deep,
- Overhead Clear shot – forehand and backhand; attacking and defending; overhead and underarm
- Drop shot
- Smash

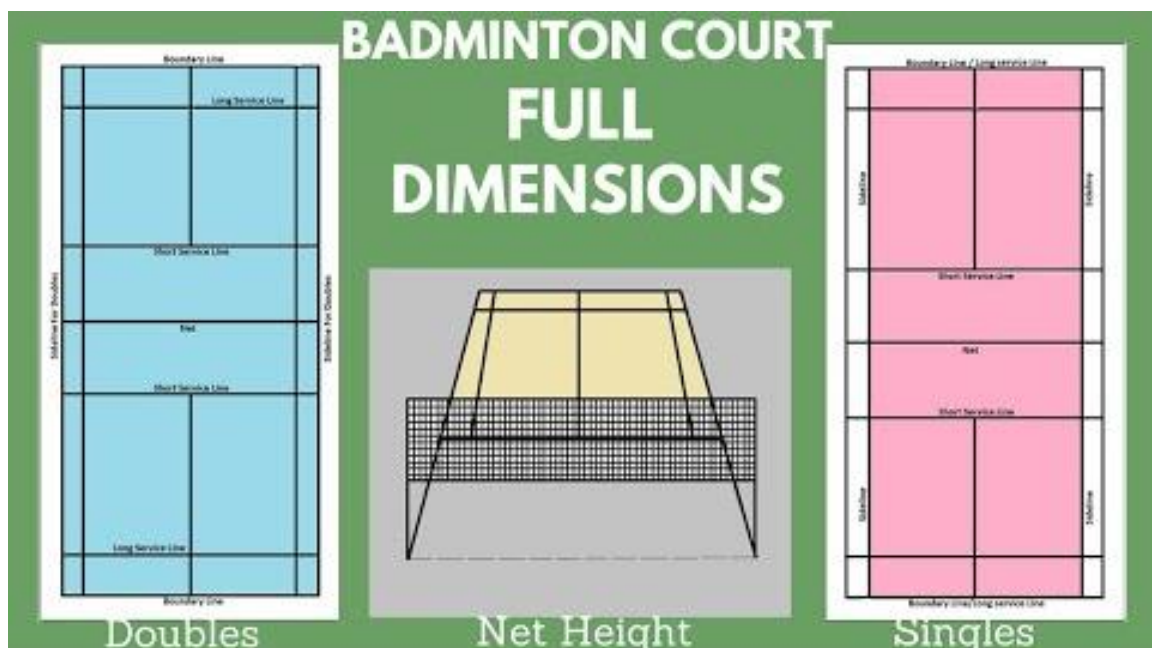
##### Head

Appropriate choice of shot in relation to situation.

- Application of skills/techniques in tactics: movement pressure, deception, serving, attack/defensive formations in doubles
- Appropriate shot selection with length, height, speed and angle
- Considering a range of factors that impact on success such as strengths and weaknesses of opponent
- Adhering to rules, health and safety guidelines

##### Heart

- Demonstrating communication and influence on team performance in doubles
- Officiating other games



## Football

### Hands

- Passing – short passes, long passes (instep)
- Running with the ball (dribbling, feints)
- Tackling
- Turning with the ball, recycling (drag back, Cruyff)
- Movement – getting into space, looking for space to move into

### Head

- Application in competitive situation: pass and move, dribbling, shooting
- Attack and defence – marking
- Adhering to rules

### Heart

- Ability to influence performance and motivation of self and others
- Impact of communication during the game
- Teamwork/sportsmanship/respect shown throughout the game



## 8SK

### Netball:

#### Hands

- Passing – chest, shoulder, bounce (timing of the pass)
- Footwork – 2 step landing, 2-foot landing, pivoting
- Catching – 2 handed, on the move
- Shooting
- Movement around the court – getting free and into space

#### Head

- Decision making – which pass to use and when
- Adhering to the rules of the game (positions, replay, held ball, traveling, contact)
- Understanding where each position is allowed to go on the court and their role within the game

#### Heart

- Demonstrating communication and influence on team performance

### Hockey:

#### Hands

- Passing – push pass
- Receiving the ball (using flat side of stick, right side)
- Running with the ball – dribbling, Indian dribble, ball control,
- Tackling
- Holding the stick correctly (right hand at bottom loosely, left hand on top for control)

#### Head

- Consistency of skills and techniques
- Ability to adapt to changes in competitive situations – to be able to apply skills to the situation
- Adhere to the rules of the game (side line self-pass)

#### Heart

- Ability to influence the performance and motivation of self and others
- Impact of communication during the game

