

# MADANI SCHOOL HOLIDAY BUCKET LIST

Learn a recipe together

The challenges of home schooling as a temporary teacher and supporting your child as a parent has been difficult.

Make a gratitude jar or tree

As we look towards the Holiday, prioritising ways you and your family can look after your mental health and taking time out to be only a parent again is so important.

Our Holiday bucket list is a great way to spend time doing positive activities with your whole family, can provide a space to talk through any concerns and bring you closer together.

Tree spotting or signs of spring spotting

Look at photos together

As part of our bucket list we also know that we must remain close to Allah, therefore we need to prepare and plan by making a list of things we wish to accomplish, such as:

praying the Quran at a set time on a daily basis

Praying your Salah on time

Puzzle or jigsaw

Making a dua list; including your daily dua's as well as the special dua's that you wish to ask from Allah

**Here are some bucket list activities ideas you could do together.**

Remember together a favourite family memory

Plant something



Turn recyclable waste into works of art

Write or draw chalk messages or pictures