

Being a parent is such a tough job...

We've all said it,

But who's listening?

We are!



Living with Teenagers

7-week programme

Our Living with Teenagers group is a safe, friendly and relaxed course for parents who are experiencing behaviour and communication difficulties with their teenagers.

The group recognises that you are the real experts on your own teenager, while giving you the opportunity to share experiences with other parents.

We aim to support you in developing your skills in coping with and managing your teenager's behaviour.

Are you a parent in Leicester? Come along to your free local group:

Friday mornings, 10am-12noon

16, 23, 30 September,
7, 14, 28 October, 4 November 2022

Thurnby Lodge Children's Centre
Dudley Avenue, Leicester, LE5 2EG

Contact Henry for more information or to book:
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